



Preparing the land

LEFT—Lt. Col. Dale Neuffer drives a rototiller through a Community Farm garden.

This is a weed

BELOW—From the left, Sylvia Cordova, Lt. Cols. Dale Balmer and Dale Neuffer, Ari Ash and 1st Lt. Kelly George at the community farm garden.

Photos by John Clendenin

Inspection Agency holds Team Week

The Air Force Inspection Agency's recent Team Week found its members involved in a lots of different endeavors.

The agency sets aside about a week every six months to keep pace with training requirements and conduct activities that build morale and esprit de corps.

Volunteers spent one morning down on the Rio Grande Community Farm to harvest food for the needy as part of an in-service project.

Produce from the city-

owned farm in Albuquerque's north valley goes to charity and to feed the migratory birds that spend their winters here.

AFIA's volunteers dug more than 100 pounds of potatoes, tilled a plot to prepare the soil for another season, renewed an irrigation ditch, and rid the farm's community garden of Johnson weed and pig weed.

In another activity, AFIA's senior officers and NCOs shined shoes for donations to the agency's Unity Council.



OF NOTE

Briefings

★ Labor help

New Mexico Department of Labor Transition Assistance Program is **Sept. 9-11**, 8 a.m.-4:30 a.m., in the Consolidated Support Building 20245.

The 3-day workshop is open to retiring military members and spouses within 2 years of retiring, to separating military members and spouses within one year of separating and to separating civilians.

The workshop includes job search techniques, writing resumes and job interviews.

★ Disability transition

Disability Transition Assistance Program Seminar is **Sept. 11**, 9 a.m.-noon, in the Family Support Center.

Register at 846-0741.

★ Military spouses

Heart Link Spouse Orientation is available by appointment in the Family Support Center.

The orientation, formerly called

Military Spouse Basic Training, is for spouses new to the military lifestyle. It is a one-on-one presentation about what you should know about life in the military, including benefits, resources and a dictionary to military acronyms.

Register at 846-0741.

★ Resume-writing

Resume Writing Workshop is **Sept. 10**, 5:30-8 p.m., in the Family Support Center.

Register at 846-0741.

★ Benefits

Veterans Affairs Benefits and Entitlements Briefing is **Sept. 11**, 1-4:30 p.m., in the Family Support Center.

Register at 846-0741.

★ Pre-deployment

Pre-deployment briefings are available by appointment at the Family Support Center.

Call Tech. Sgt. Lloyd McKenzie at 846-0741.

★ Money education

Tips to Finance Your Education briefings are available by appointment at the Family Support Center.

Call Ethel Tilley at 846-0741.

★ Weight risks

Dr. Linda MacDonald addresses the health risk associated with obesity and diabetes in a presentation, **Sept. 9**, 1-2:30 p.m., at the Veterans Affairs Medical Center, Education Building Number 39 Auditorium. MacDonald is a Veterans Affairs physician.

MacDonald's discussion launches a series on the topic of obesity health risks. On **Oct. 7**, the series includes two patients' perspectives on weight loss following gastric bypass surgeries. On **Nov. 4**, Miriam Simmons talks on "Strategies for Risk Reduction-Finding a Good Fit," concerning weight loss techniques and exercise goals. Simmons is a Veterans Affairs clinical dietician.

All three of the free presenta-

tions are at the same time and location and are open to the public.

Call 265-1711, ext. 2020.

Closings

★ Medical group

The 377th Medical Group is closed for physical training at 3 p.m. **each Wednesday**.

If you need to speak with a healthcare provider call your primary care manager at 846-3200 and leave a message for a return call.

★ Munitions

The 898th Munitions Squadron Conventional Munitions Flight closes for a 100 percent munitions stockpile inventory, **Sept. 15-20**.

All munitions custodians are reminded that only emergency requests will be processed during this time. Requests must be submitted in writing and approved by the submitter's group commander or equivalent. Call Master Sgt. Dennis Woll at 846-4665.